

Nutrition Facts

Serving Size : 1 Egg (79mL)

Serving Per Container: About 12

Amount Per Serving
Calories

110

% Daily Value*

Total Fat 6g **8%**

Saturated Fat 2g **10%**

Trans Fat 0g **0%**

Cholesterol 225mg **75%**

Sodium 710mg **31%**

Total Carbohydrate 4g **2%**

Dietary Fiber 0g **0%**

Sugars 3g (Incl. 3g added sugars) **6%**

Proteins 8g

Vitamin D 2.6mcg **13%**

Calcium 40mg **4%**

Iron 0.8mg **5%**

Potassium 110mg **3%**

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.