

Nutrition Facts

Serving Size : 3 Eggs (31g)

Serving Per Container: About 7

Amount Per Serving
Calories

35

% Daily Value*

Total Fat 2.5g **4%**

Saturated Fat 1g **5%**

Trans Fat 0g **0%**

Cholesterol 25mg **9%**

Sodium 190mg **9%**

Total Carbohydrate 0g **0%**

Dietary Fiber 0g **0%**

Sugars 0g (Incl. 0g added sugars) **0%**

Proteins 3g

Vitamin D 2mcg 10%

Calcium 0mg 0%

Iron 4mg 23%

Potassium 0mg 0%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.