

# Nutrition Facts

About 10 servings per container

**Serving Size** (30g)

**Amount per serving**

**Calories** **130**

**% Daily Value\***

**Total Fat** 3g **4%**

Saturated Fat 2g **11%**

Trans Fat 0g

**Cholesterol** 10mg **3%**

**Sodium** 20mg **1%**

**Total Carbohydrate** 19g **7%**

Dietary Fiber 0g **0%**

Total Sugars 13g

Includes 9g Added Sugars **19%**

**Protein** 1g

Vitamin D 0mcg 0%

Calcium 10mg 0%

Iron 0mg 0%

Potassium 180mg 4%

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general advice